

# **ROOT CANAL TREATMENT**

## **POST-OP INSTRUCTIONS**

CONGRATULATIONS!!! Dr. Gulde has finished your root canal, but it is important that you understand you're only half way there. The success of your procedure is completely dependant on the post care you provide the affected area. It is absolutely imperative that you follow these post-op instructions to assure that you have the best results possible. If you have any questions or comments, please be sure to ask before your procedure.

### **CHEWING & EATING**

- Because we used anesthetic during the procedure, avoid chewing until the numbness has worn off completely. Your lips, teeth, and tongue may be numb for several hours.

### **BRUSHING & FLOSSING**

- Brush and floss normally.

### **MEDICATION & DISCOMFORT**

- If antibiotics were prescribed, continue to take them for the indicated length of time, even if all symptoms and signs of infection are gone.
- To control discomfort, take pain medication before the anesthetic has worn off or as recommended. It's normal to experience some discomfort for several days after a root canal appointment, especially when chewing.
- To further reduce discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about one teaspoon of salt per glass of warm water.

### **WHEN TO CALL US**

- Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond three or four days, your temporary filling or crown comes off, or you have any questions or concerns.

**You may reach us during normal business hours at 352.602.4235, or if you have an emergency when our offices are closed, please contact our after-hours emergency line at 407.399.9840.**